

The Role of Faculty as Counselors and Advisors in Promoting Student Success

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Chrissy Coley, Ph.D. Background

Experience

- Senior Manager Strategic Consulting Ellucian since 2008
- Assistant Vice Provost for Student Success Initiatives University of South Carolina
- Dean of Students Columbia College
- Director of the Center for Student Involvement and Leadership Mercer University

Education

- Change Leadership Certificate Cornell University
- Ph.D. Higher Education Administration Georgia State University
- M.Ed. Higher Education and Student Affairs University of South Carolina
- B.A. Interdisciplinary Studies Gardner-Webb University

Relevant Scholarship







VOLUME 3 21st CENTURY EVIDENCE THAT HIGHER EDUCATION WORKS

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Scholarship on Faculty Counseling and Advising



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"Good advising may be the single most underestimated characteristic of a successful college experience."

Richard Light, Making the Most of College, p. 81

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- Please turn to your neighbor and introduce yourself.
- Describe the faculty counselor or advisor (whether formal or informal) who made the biggest impact on you as an undergraduate student.
 - What did this faculty advisor do or say to make such a difference for you?
 - o What made him/her stand out from the others?

Richard Light's Findings on Best Practices for Faculty Advising and Counseling

- Teach Students How to Think, Rather than What to Think
- Mentor Students and Connect Students with Other Mentors
- Ask Challenging Questions that Connect Students' Academic Studies and Personal Interests
- Guide Students in Making Thoughtful, Intentional Choices
 to Use Their Time Effectively
- Encourage Students to Get Involved Outside of Class

Finding #1: Great Faculty Advisors Teach Students How to Think, Rather than What to Think

"Young men and women arriving at college immediately confront a set of decisions:

- Which courses to choose?
- What subject to specialize in?
- What activities to join?
- How much to study?
- How to study?

Such decisions are intensely personal. Often they are made with little information. Yet their consequences can be enormous."

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"Advisors play a critical role. They can ask a broad array of questions and make a few suggestions that can affect students in a profound and continuing way."

Richard Light, Making the Most of College, p. 84

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Finding #2: Great Faculty Advisors Mentor Students and Connect Students with Other Mentors

- 1) "What are your goals at college?"
- 2) "Tell me about your background."
- 3) "Let's discuss your study plan for your first year courses and how these will lead to making wise, informed choices in future years."
- 4) "So now that we have had this discussion, what do you see as your job for this term?"
- 5) "Your job is to get to know one faculty member reasonably well this semester, and have that faculty member get to know you reasonably well."

- "Mentored experiences, organized outside the regular classroom structure and not done for academic credit, have a strong positive impact on students" (p. 94).
- At Harvard, a student writes a proposal for a research project, applies for funding, and finds a faculty member willing to supervise the work.
- Harvard offers "an enormous number of opportunities" with over 100 faculty - including "some of the busiest and most distinguished senior professors" - volunteering to serve as mentors.

Finding #3: Great Faculty Advisors Ask Challenging Questions that Connect Students' Academic Studies and Personal Interests



"At key points in successful students' college years, an academic advisor asked questions, or posed a challenge, that forced them to think about the relationship of their academic work to their personal lives."

Richard Light, *Making the Most of College, p. 88*

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Finding #4: Great Faculty Advisors Guide Students in Making Thoughtful, Intentional Choices to Use Their Time Effectively

1) Assign advisees to complete a time log for 2 weeks, tracking activities in 30 minute intervals

- 2) After 2 weeks, debrief for 15 minutes with the advisee:
 - How did you anticipate you would spend your time?
 - How was your time actually spent?
 - Are you pleased with the way you spent each day?
 - Are there certain changes you might like to make?
 - There is no single correct change the key point is making thoughtful decisions!
 - What is an effective plan to make these changes?
 - How can you use "in between" time?
- 3) After 2 more weeks, follow-up to see if the advisee is applying these insights and suggestions



"A single follow-up call, with encouragement to persist in efforts to implement changes" has made a measurable difference in the lives of some of our students."

Richard Light, *Making the Most of College, p. 91*

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Finding #5: Great Faculty Advisors Encourage Students to Get Involved Outside of Class

"For some students, the single biggest contribution an advisor can make is to encourage them to join a campus organization or group that will give them social and personal support."



Richard Light, *Making the Most of College, p. 98*



Research-Based Practices for Student Learning and Success

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COLLEGE AFFECTS

RNEST T. PASCARELLA AND PATRICK T. TERENZIN

VOLUME

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UDENTS

21st CENTURY EVIDENCE THAT

HIGHER EDUCATION WORKS

Faculty Impacts on Student Cognitive Gains and Educational Attainment

- 1) Course-related interactions between faculty and students
- 2) Thoughtful, timely, critical feedback
- 3) Opportunities for meaningful reflection on class materials
- 4) Introduction of challenging tasks and assignments in class
- 5) Collaborative-learning activities in class
- 6) Emphasis of enriching educational experiences (such as study abroad, internships, or undergraduate research)
- 7) Quality and effectiveness of teaching and instruction, as defined by teaching clarity and organization

Academic and Social Integration Impacts on Educational Attainment

 "College academic achievement is the strongest within-college predictor of educational attainment" (p. 379), even when controlling for other institutional, pre-college, or student factors.

 "Social involvement is associated with social integration, which leads to institutional commitment, which then predicts retention and persistence" (p. 415). Academic/Social Integration Programmatic Initiatives Demonstrating Positive Relationships with Educational Attainment

 Learning communities are perhaps the most impactful of all academic/social integration programs (small cohorts of students enrolling in 2+ courses together), with positive relationships to grades, retention, and graduation.

 Supplemental Instruction has been found to have a positive relationship with course pass rates across a variety of subjects and student types, when controlling for pre-college variables.



Reflection Questions

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- Please consider the following questions:
 - What are you currently doing well at your institution as it pertains to integrating students in their academic and social communities?
 - What is one new programmatic initiative that would be worth exploring?





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